

# **BSc PSYCHOLOGY**

## **COURSE OUTCOME**

### **Semester 1**

#### **PSY1B01**

##### **BASIC THEMES IN PSYCHOLOGY-I**

To generate interest in Psychology

To make familiar the basic concept of the field of Psychology with an emphasis on applications of Psychology in everyday life.

To understand the basics of various theories in Psychology

To provide basic knowledge about systems and processes like attention, learning and Consciousness.

### **Semester 2**

#### **PSY2B01**

##### **BASIC THEMES IN PASYCHOLOGY-II**

To generate interest in Psychology

To make familiar the basic concept of the field of Psychology with an emphasis on the applications of Psychology in everyday life

To understand the basics of various theories in Psychology

To provide basic knowledge about systems and processes like cognition, memory, motivation and emotion.

### **Semester3**

#### **PSY3B01**

##### **PSYCHOLOGICAL MEASUERMENT AND TESTING**

To offer foundation on psychological measurement and testing

To provide the basis of test construction and to build up skills on developing psychometric test

To familiarize the uses of psychological tests

To make aware of ethical principals in testing

### **EXPERIMENTAL PSYCHOLOGY PRACTICAL I, PART I**

#### **PSY4B02**

To nurture the ability in students to understand himself/herself and other persons.

To develop the skills of testing and scientific reporting in psychology.

To familiarize the students to various psychological tests and assessmenttools.

To generate an interest in working of the community with a psychologicaloutlook

#### **Semester4**

#### **PSY4B01**

### **INDIVIDUAL DIFFERENCES**

To provide theoretical knowledge about systems and processes like intelligence and personality

To understand the history of intelligence and Personality Testing

To familiarize the student with various types of tests in Psychology

### **EXPERIMENTAL PSYCHOLOGY PRACTICAL I, PART II**

#### **PSY4B02**

To nurture the ability in students to understand himself/herself and other persons.

To develop the skills of testing and scientific reporting in psychology

To familiarize the students to various psychological tests and assessmenttools.

To generate an interest in working of the community with a psychologicaloutlook

#### **Semester5**

**ABNORMAL PSYCHOLOGY-I**  
**PSY5B01**

To enable students to understand the concepts of abnormal behaviour  
To develop awareness about different type of anxiety and stress disorders  
To encourage the students to know different therapeutic techniques in management of anxiety and stress disorders

**SOCIAL PSYCHOLOGY**

**PSY5B02**

To enable the student to Understand and explain behavior in social settings  
Explain the psychological aspects of various social phenomena  
To create awareness about the management of human behaviour in group setting

**Developmental**

**Psychology -I**

**PSY5B03**

To study human development in Psychological Perspectives  
To create awareness about major psychological changes along with physical and cognitive development

**PSYCHOLOGICAL COUNSELLING**

**PSY5B04**

To acquire theoretical knowledge in the areas of psychological counseling  
To understand the applications of counseling in various settings  
To practice counseling techniques through role plays

**HEALTH PSYCHOLOGY**

**PSY5B05**

To provide an introduction to the theories and research in health psychology.  
To examine the interaction of psychological, social, and biological factors through various topics including stress and coping, personality and health.

## **Semester6**

### **ABNORMAL PSYCHOLOGY-II PSY6B01**

To develop awareness about Major Psychological Disorders

To acquaint the students with causes of major psychological disorders

To familiarize the students about different therapeutic techniques used in the management of major psychological disorders.

### **APPLIED SOCIAL PSYCHOLOGY**

#### **PSY6B02**

To familiarize the theoretical concept and research methods in applied psychology.

To give knowledge about application of social psychology in different areas like clinical, educational, health and media.

To understand the major social issues in India.

### **DEVELOPMENTAL PSYCHOLOGY –II PSY6B03**

To enable the student to explore the different theories of Psychotherapy and Counselling psychology

To enable the student to acquire the sufficient knowledge in the area of Counselling and Psychotherapy in order to understand areas of specialization.

### **LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING. PSY6B04**

To promote life skill education

To develop abilities for adaptive and positive behavior

To enhance self-confidence and self-esteem

## **Elective**

**EDUCATIONAL PSYCHOLOGY**  
**PSY6B05-04**

To promote an understanding of the application of psychological principles in the process of education.

To familiarize the students with the characteristics of normal and exceptional children.

To provide the ways and methods of teaching and classroom management.

**EXPERIMENTAL PSYCHOLOGY – PRACTICALS II**  
**PSY6B06**

1. To create interest in the subject matter of psychology.
2. To develop scientific and experimental attitudes in the students.
3. To facilitate comprehension of the theoretical concepts through experiments.
4. To develop the skills of observation and scientific reporting in psychology.

**EXPERIMENTAL PSYCHOLOGY PRACTICALS III: PSYCHOLOGICAL TESTING**  
**PSY6B07**

To familiarize with psychological instruments and tools.

To generate interest in the analysis of psychological tests

To develop the skills of testing and scientific reporting in psychology

